

Dr Arooge Shafi

MBBS, FAFRM (RACP)



Dr Arooge Shafi has extensive expertise and experience as a Rehabilitation Medicine Physician treating patients with chronic pain, Parkinson's disease, heart and lung disease, cancer, after a stroke, fall or deconditioning from medical illness or surgery.

Dr Shafi has a special interest in chronic pain management for back, neck and shoulder pain, post-surgical pain and complex regional pain syndrome (CRPS). She also has expertise in bone health, especially prevention, screening and treatment of Osteoporosis. She is experienced in geriatric rehabilitation after joint replacements (hip, knee, shoulder) and fracture neck of femur.

Dr Shafi is a member of the Royal Australasian College of Physicians, and a fellow of the Australasian Faculty of Rehabilitation Medicine. She has completed her Bachelor of Medicine and Bachelor of Surgery (M.B.B.S) in 2000 at the Bahauddin Zakariya University in Pakistan. The completion of her basic rehabilitation training was at the Canberra Hospital in the ACT, where she was the Rehab Registrar, Balmain Hospital, Greenwich Hospital and Liverpool Hospital, NSW. Dr Shafi completed her Fellowship in 2014.

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a member of the Health Care group

Dr Shafi's areas of interest include:

- Management of Medical and Surgical Deconditioning
- Pain Management - Rehabilitation Approach
- Improve Endurance and Mobility
- Falls Prevention
- Neuro Rehabilitation - Post Stroke, Post Brain Injury, Post Spinal Cord Injury
- Amputee Rehabilitation - Neuro Degenerative Disorders such as Parkinson's Disease, Motor Neuro Disease, Multiple Sclerosis etc

To arrange an appointment or referral, please contact:

Inpatient/Admission Phone: 02 4341 9522
Inpatient/Admission Fax: 02 4342 4460
Inpatient/Admission Email:
frontdesk.brisbanewaters@healthecare.com.au

Outpatient/Assessment Phone: 02 4343 0265
Outpatient/Assessment Fax: 02 4342 7164
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Day Program Phone: 02 4343 0275
Day Program Fax: 02 4342 7162
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